|  |  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
| **No recreation-related physical activity** | | | | | | | | | |
|  | **Male** | | | **Female** | | | **Total** | | |
| Age Categories (Years) | n | % no activity at work | 95% CI | n | % no activity at work | 95% CI | n | % no activity at work | 95% CI |
| 18-29 | 260 | 10.4 | 5.4 - 19.0 | 236 | 21.8 | 13.0 - 34.2 | 496 | 17.0 | 11.3 - 24.7 |
| 30-44 | 460 | 12.8 | 8.1 - 19.5 | 502 | 32.6 | 23.9 - 42.7 | 962 | 24.8 | 19.3 - 31.1 |
| 45-59 | 438 | 26.6 | 14.9 - 42.8 | 471 | 37.0 | 28.3 - 46.6 | 909 | 31.7 | 23.2 - 41.5 |
| 60-69 | 295 | 26.0 | 18.5 - 35.2 | 301 | 39.3 | 27.1 - 53.0 | 596 | 33.8 | 25.8 - 42.9 |
| **Total** | **1453** | **18.1** | **13.4 - 23.9** | **1510** | **31.0** | **25.9 - 36.6** | **2963** | **25.3** | **21.6 - 29.5** |
| Area |  |  |  |  |  |  |  |  |  |
| Rural | 432 | 17.9 | 10.1 - 29.8 | 446 | 25.8 | 18.5 - 34.9 | 878 | 22.5 | 16.6 - 29.8 |
| Urban | 1021 | 18.3 | 13.7 - 23.9 | 1064 | 35.9 | 30.1 - 42.2 | 2085 | 27.9 | 23.8 - 32.3 |